

## CENTUS' MISSION & GOALS

Since 1982, CENTUS Counseling, Consulting & Education, (formerly Samaritan Counseling Center), a 501(c)3 nonprofit, has provided high-quality professional counseling and mental health treatment services to thousands of clients at an affordable cost. We are committed to first-class care of our clients. More than 80 percent of our clients receive some type of subsidy, whether through insurance reimbursement, client assistance funds or reduced fee.

For a quarter century  
we have fulfilled our Mission -

To promote healing and wholeness in mind,  
body, spirit, and community  
for individuals, families and organizations  
in convenient locations throughout metropolitan  
Denver.

Our goals are:

- To provide professional, affordable psychological counseling and testing that integrates the religious and spiritual resources of those served, and promotes the well-being of families, couples, and individuals of all ages.
- To consult with organizations, businesses, and congregations to identify needs and facilitate optimal functioning.
- To provide services to clergy and congregations that nurture healthy relationships.
- To offer educational groups, classes, seminars, and workshops to clients, the professional community, and the general public to enhance skills for healthy living.
- To train our professional staff to incorporate a client's spiritual and religious resources, if requested, into the counseling, consultation or educational experience.

## CENTUS for KIDS COUNSELING STAFF

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CENTUS for Kids therapists are available for off-site workshops, group therapy, professional workshops, parenting classes and a variety of other child and family related concerns.



## CENTUS for Kids

A DIVISION OF  
CENTUS COUNSELING, CONSULTING & EDUCATION

At Centus for Kids,  
our highly trained and experienced therapists  
guide children and their families  
to healing and wholeness.



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1385 S. Colorado Blvd., Ste. 210  
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Telephone: 303-639-5240

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Visit us at — [www.CENTUS.org](http://www.CENTUS.org)

ACCREDITED BY  
THE SAMARITAN INSTITUTE

## CENTUS for Kids

### Assessment Services

Our psychologists offer intellectual/cognitive assessments of abilities and learning problems as well as standardized personality assessments for children and adolescents.



All clinicians routinely assess emotional, behavioral and social difficulties, and we have one clinician who is a specialist in assessing early childhood development.

## CENTUS for Kids

### Individual Counseling

Centus Counselors are proficient in psychodynamic, cognitive-behavioral and solution-focused approaches, and will tailor your child's treatment to facilitate optimal growth and positive change.



## CENTUS for Kids

### Play Therapy



Play therapy has been used by therapists for many years for children who are not yet old enough for conventional "talk" therapy. Empirical research supports Play Therapy as an effective and useful treatment for children up to age 12. Children under the age of 12 generally express their feelings more easily by acting them out through play than by sitting and talking about them. Play therapy can be unstructured and expressive, or it can be more directive, actively suggesting and/or practicing solutions to real-life problems.

## CENTUS for Kids

### Early Childhood

We have counselors with expertise in child development who can assess whether a young child or infant's development is progressing within normal limits. We teach parents practical ways to help their children develop optimally while enhancing their enjoyment of and their relationship with their children. Potential problems with a child's development can be addressed early by intervention that we provide directly and/or teach parents to implement. We can also guide parents in finding any additionally needed specialized intervention services.



## CENTUS for Kids

### Parenting



Do you need to figure out how to connect with your teenager? Are you concerned about your pre-schooler getting on the right track? Parents can learn to improve communication, work through behavioral problems, and help to

promote optimal growth and functioning in their child and family. Participate in our Creative Parenting Group with a curriculum developed and taught by a CENTUS counselor who is an educator as well as a parent, or for a professional assessment of your own situation, contact us about The Parent Consultation Package.

## CENTUS for Kids

### Family Therapy

Some difficulties that children experience are related to an event or dynamic that occurs within their family.

When the whole family as a unit engages in therapy, family dynamics can be shifted to promote a more harmonious environment for all family members.



## CENTUS for Kids

### Filial Therapy

When parents learn therapeutic play techniques, therapy can progress faster than when it is conducted only by a "strange" professional, and the parent leaves with a skill that can be used for years to come. "Filial" refers to the parent-child relationship. . . . parents learn how to structure a play session, to help their children verbalize emotional conflicts by observing and reflecting what they see in play and to set limits on inappropriate behavior.



## CENTUS for Kids

### Group Therapy

Group counseling is a unique and effective opportunity for children to feel connected with others and to learn and practice new skills. We offer a variety of groups throughout the year. Potential groups may include:

- Children of divorce
- ADHD
- Social Skills
- Healthy boundaries
- Bullying
- Grief and loss

Please visit our website to learn more about which groups are currently being offered: [www.CENTUS.org](http://www.CENTUS.org)