



EDUCATIONAL OPPORTUNITY

Wednesday, May 14 2008, from 7:00 PM –9:00 PM

1325 S. Colorado Blvd., Conference Room B-018, Denver, CO 80222

Reservations are requested – please call 303-639-5240 ext. 12

Suggested minimum donation \$10.00.



Negotiating Life Transitions

Presented by

Betsy Hoover, MSW, LCSE, CACIII
CENTUS Clinical Social Worker &
Senior Certified Addictions Counselor

Life transitions are changes in our lives. Examples include: the death of a significant person, a job loss or job change, the birth of a baby, a geographical move (2 miles or 2000 miles), a move to a new church or synagogue.

All transitions involve endings and losses that one must deal with in order to move effectively to new beginnings.

This workshop will:

- Introduce a model for healthy transitions
- Help you examine where you are in the process
- Lay out a path to guide your renewal and rebirth
- Assist you on your journey