

CENTUS COUNSELING STAFF

Dr. Georganne Bley,
Neuropsychologist
Denver Central—303-639-5240 x16

April Elkins, MA,
Counseling Associate
and *CENTUS for Kids*
Lakewood—303-237-1150 x2

Rev. David H. Hay, MDiv, MA, LPC
Pastoral Counselor
Aurora & Littleton—303-699-6634

Angie Holdaway, MN, EdD, RN, LPC, LMFT
Marriage & Family Therapist
Longmont—303-817-5120

Betsy Hoover, MSW, LCSW, CACIII
Clinical Social Worker
and Senior Certified Addictions Counselor
Lakewood—303-237-1150 x1

David Johns, MCoun, NCC
Counseling Associate
and Education Coordinator
Denver Central—303-639-5240x12

Rev. Gichul Kim., MDiv
Pastoral Counseling Intern
Aurora & Denver Central—303-639-5240 x22

Dr. Carol O. Loadman-Copeland, NCC, RPT
Psychologist
and *CENTUS for Kids*
Denver Central—303-639-5240 x15

CENTUS COUNSELING STAFF

Rev. Daniel D. T. Marutle, MDiv, MTS
Pastoral Counselor
Denver North—303-377-0199 x110

Dr. Susan Shamos, Psychologist
and *CENTUS for Kids*
Denver Park Hill—303-758-6087

Rev. Tom Shelly, MDiv
Pastoral Counseling Intern
Highlands Ranch—303-791-0803 x107

Rev. Elizabeth Denham Thompson, MDiv, LMFT
Organizational Consulting & Spiritual Direction,
Denver Central—303-639-5240 x11

Gail Van Hove, MA, MA ECSE
Counseling Associate
and *CENTUS for Kids*
Brighton—303-639-5240 x23

Rev. Dr. Barbara Wilkins-Crowder, DMin,
Pastoral Counseling Assoc.
Westminster—303-639-5240 x25

CENTUS is Accredited by the Samaritan Institute.

CENTUS Counseling, Consulting & Education's tax ID number is 84-1044412. CENTUS is exempt under section 501 (c)(3) of the Internal Revenue code and is a public charity under section 509 (a)(2) of the Internal Revenue Code.



ABOUT CENTUS

For over a quarter century we have fulfilled our mission -

To promote healing and wholeness
in mind, body, spirit, and community
for individuals, families and organizations
in convenient locations throughout metropolitan Denver.

Our goals are:

To provide professional, affordable psychological counseling and testing that integrates the religious and spiritual resources of those served, and promotes the well-being of families, couples, and individuals of all ages.

To consult with organizations, businesses, and congregations to identify needs and facilitate optimal functioning.

To provide services to clergy and congregations that nurture healthy relationships.

To offer educational groups, classes, seminars, and workshops to clients, the professional community, and the general public to enhance skills for healthy living.

To train our professional staff to incorporate a client's spiritual and religious resources, if requested, into the counseling, consultation or educational experience.

Embrace Wholeness!

CENTUS Counseling, Consulting & Education
1385 S. Colorado Blvd., Ste. 210
Denver, CO 80222

Telephone: 303-639-5240 FAX: 303-639-5243

CENTUS COUNSELING

Since 1982, CENTUS Counseling, Consulting & Education, has provided high-quality professional counseling and mental health treatment services to thousands of clients at an affordable cost. We are committed to first-class care of our clients. More than 80 percent of our clients receive some type of subsidy, whether through insurance reimbursement, client assistance funds or reduced fee.

Clinical Staff Specialties

Adolescent Therapy
Chemical Dependence/Substance Abuse
Adult Therapy
Anger Management
Anxiety/Panic/Phobias
CENTUS for Kids & Families
Child Therapy – Sand Play Therapy
Chronic Health Conditions
CISD – Critical Incident Stress Debriefing
Couples/Martial Counseling / Pre-Marital
Depression/Mood Disorders
Dream Work (in conjunction with therapy)
Eating disorders
EMDR
Family/Parenting Issues
Gay/Lesbian/Bisexual/Transgender Issues
Grief/Loss/Transition
Korean American
Multicultural
Pain Management
Personality Disorders
Pornography Addiction
Psychological/Neuropsychological Testing
Relaxation
Seniors/Geriatric
Spiritual Direction
Trauma/Abuse

CENTUS CONSULTING

CENTUS professional staff members provide Business Consulting, Career Coaching, Executive Coaching, Organizational Development and Lifeskills Coaching.

Our **Business Consulting** division addresses the "people side" of the workplace and offers services designed for :

small to moderate sized businesses
closely-held corporations
professional service firms
academic institutions
government agencies
congregations
non-profit organizations

CENTUS staff offers a wide range of programs:

change management
aligning culture with strategy
leadership development
team/staff enrichment
productive communications
untangling family dynamics & business decisions achieving fruitful work relationships
organizational development

CENTUS **Career Coaching** is a service that guides career transition candidates through various aspects of identifying a viable career, discovering the "hidden" job market, and promoting one's skills. This program includes state-of-the-art career assessments, the latest strategies in uncovering jobs & the most proven and effective ways for presenting your skills and abilities to employers.



Interim Executive Director

Rev. Paul A. Bretz, DMin, LCSW, MHSA
Central/Administrative Office: 303-639-5240

CENTUS EDUCATION

Progress in our lives - our careers, families and marriages - takes personal effort. Seeking counseling or training to handle real life issues is often the first step in learning how to discern real needs, work effectively, set goals and find a healthy balance in life. Our professional staff works with you to help you discover your path of progress through a wide variety of experiential classes, seminars, workshops, and conferences.

CENTUS also offers training internships for student therapists through several local professional schools.

CENTUS Education offers:

Pastoral Care Specialist Training Program:
An 11 week course for professional and lay pastoral care-givers in the theory and practice of brief supportive pastoral care and counseling.



FEEDING THE SOUL

An annual interfaith spiritual growth conference encouraging a variety of care providers: clergy, care ministers, parish nurses, & others wishing a faith-based educational experience.



**Year Round Workshops
& Support Groups
Monthly Mental Health Educational Opportunities**

Our professional staff is available to present educational experiences to your organization.

Contact David Johns, Education Coordinator
at 303-639-5240 ext. 12

CENTUS LOCATIONS

Administrative Office/Counseling Offices (Denver Central)
CENTUS Counseling, Consulting & Education
1385 S Colorado Blvd., Ste. 210
Denver, CO 80222
303-639-5240

Peace with Christ Lutheran Church
3290 S. Tower Rd.
Aurora, CO 80013
303-699-6634

Brighton United Methodist
625 S. 8th Ave.
Brighton, CO 80601
303-639-5240 x23

Montview Boulevard Presbyterian Church (Denver, Park Hill)
1980 Dahlia St.
Denver, CO 80220
303-758-6087

Macedonia Baptist Church (Denver North)
3240 Adams St.
Denver, CO 80205
303-377-0199 x110

Episcopal Church of the Transfiguration
27640 Highway 74
Evergreen, CO 80439
303-670-9160

Christ Lutheran Church
8997 S. Broadway
Highlands Ranch, CO 80129
303-791-0803 x 107

Shepherd of the Hills Presbyterian
11500 W. 20th Ave.
Lakewood, CO 80215
303-237-1150

First Presbyterian Church of Littleton
1609 W. Littleton Blvd.
Littleton CO 80120
303-699-6634

Bethlehem Lutheran Church
1000 15th Ave.
Longmont, CO 80501
303-817-5120

Westminster United Methodist
3585 W. 76th Ave.
Westminster, CO 80030
303-427-0949